

# A Word About Sponsorship



A Sponsor is a fellow addict with a working knowledge of the Twelve Steps, who lives by the principles and has a solid program in their life. Look for someone who inspires you to work the Steps and is working a program you admire. Experience has shown that having a sponsor is of great value and importance in recovery. We hope you make it a priority. With their experience, strength, and hope, sponsors compassionately guide and challenge you in recovery.

While there are no set rules, as a guideline, we suggest avoiding anyone with whom there is a possibility of a romantic or physical relationship. Sponsorship should be a safe relationship. Find someone you can trust and with whom you can be honest. Do not be afraid to ask someone to sponsor you. You could inquire if they would consider being your temporary sponsor.

In time, you will know if the relationship is working and should become more permanent. May we please have a show of hands of all those who are available to sponsor?