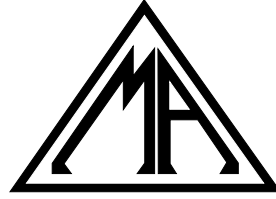


# MARIJUANA ANONYMOUS



## SUGGESTED MEETING FORMAT - PARTICIPATION MEETING

### CHAIRPERSON:

Welcome, this is the regular \_\_\_\_\_ discussion meeting of MARIJUANA ANONYMOUS. My name is \_\_\_\_\_ and I am a marijuana addict.

Let us open the meeting with a moment of silence followed by the SERENITY PRAYER.

**GOD, GRANT ME THE SERENITY  
TO ACCEPT THE THINGS I CANNOT CHANGE,  
THE COURAGE TO CHANGE THE THINGS I CAN,  
AND THE WISDOM TO KNOW THE DIFFERENCE**

(PREAMBLE)

MARIJUANA ANONYMOUS is a fellowship of men and women who share our experience, strength, and hope with each other that we may solve our common problem and help others to recover from marijuana addiction.

The only requirement for membership is a desire to stop using marijuana. There are no dues or fees for membership. We are self-supporting through our own contributions. MA is not affiliated with any religious or secular institution or organization and has no opinion on any outside controversies or causes. Our primary purpose is to stay free of marijuana and to help the marijuana addict who still suffers achieve the same freedom. We can do this by practicing our suggested twelve steps of recovery and by being guided as a group by our twelve traditions.

### WHO IS A MARIJUANA ADDICT?

We who are marijuana addicts know the answer to this question. Marijuana controls our lives! We lose interest in all else; our dreams go up in smoke. Ours is a progressive illness often leading us to addictions to other drugs, including alcohol. Our lives, our thinking, and our desires center around marijuana - scoring it, dealing it, and finding ways to stay high.

MARIJUANA ANONYMOUS uses the basic 12 Steps of Recovery founded by Alcoholics Anonymous, because it has been proven that the 12 Step Recovery program works! Would someone like to read the 12 Steps and "HOW IT WORKS"

### ("HOW IT WORKS" IS READ)

At this time we give chips for various lengths of sobriety from marijuana, alcohol, and all

other mind altering chemicals. Is there anyone here who would like to take a Welcome chip? Anyone with 30 days of continuous sobriety?...60 days?...90 days?...6 months?...9 months?...18 months?

For each 365 days of continuous sobriety we give a cake with a candle for each year of sobriety. Are there any cakes tonight?

If your birthday is coming up, please be sure to let the meeting secretary know a week or two in advance so that we can have a cake for you at this meeting.

Please remember that anonymity is the foundation of this program and that whatever is said here is not to leave this room. There will now be a five minute break.

### **(AFTER THE BREAK)**

It is customary to read the Twelve Traditions and as \_\_\_\_\_ reads the Twelve Traditions of MARIJUANA ANONYMOUS we will uphold the seventh. As the basket is being passed around, remember, while we have no dues or fees, we are proudly self-supporting though our own contributions. Newcomers need not feel obligated to contribute; others are privileged to do so. A donation of \$2 or more is suggested to help cover rent, meeting supplies, and contributions to Marijuana Anonymous World Services in order to continue to carry the message to the marijuana addict who still suffers.

### **(THE BASKET IS PASSED AND THE 12 TRADITIONS ARE READ)**

This is a discussion meeting of MARIJUANA ANONYMOUS. We ask if you have had marijuana or any other mind-altering chemicals within the last 24 hours that you just listen and talk to someone after the meeting. Please keep your sharing to about 5 minutes so that we can let everyone have a chance to share. When you hear the knocking, please wrap it up. Who would like to begin?

### **(10 MINUTES BEFORE THE CLOSE OF THE MEETING)**

Our time is up for now. I'd like to thank everyone for participating in our meeting. If anyone has any questions that went unanswered, or if you feel the need to share, please introduce yourself to someone after the meeting and exchange phone numbers. We are all here to help. It is now time for the Secretary's Reports.

### **(AFTER THE MEETING'S REPORTS)**

I would like to close by having \_\_\_\_\_ read the passage of his/her choice, and after a moment of silent meditation for the addict who still suffers, lead us in the prayer of his/her choice.